

First and foremost I am a dancer. Dance to me is telling a story, whether it be an abstract one or a more literal one; it is a mean of personal expression but also a way to comment on specific issues. While performing I want to establish a connection and relationship with the audience, and I'm always interested with leaving them with something to think about.

My movement style tends to be very circular and grounded, influenced by years of ballet training with a contemporary influence. I'm also fascinated with subtle, more internal movements that draw attention to the dancer instead of presenting it quite clearly and flamboyantly to the spectators. In addition, I've always felt a very strong connection to all kinds of music so I consider myself to be a very musical person. For this reason, I'm very interested in musicality and rhythm. I like to challenge myself with finding new and interesting ways to incorporate rhythm in my dancing. I think my arms also play a huge part in the way I move. I always see arms as human wings; in everyday people they don't give the the ability to fly but for dancers they can do so much. Not only do they aide turns and jumps but they embellish movements and give a specific aesthetic to the dancing. When I dance my arms are often soft and flowy, matching the circularity of the rest of my movement. I'm also really interested in how isolating these limbs can create images and unique movements.

Choreography is a craft I'm still experimenting with. I haven't quite figured out my formula yet but I'm very drawn to duets and partnering as they clearly establish a connection between the dancers. I'm very interested with floorwork and creating movement that moves through the ground, so contrasting from expansive movements to ones that are small and compact. Music always tends to set the atmosphere to me but I also like to experiment with silence, breath and monotone beats. I struggle to create abstract work because I need a concept to realize and develop through dance.

As an artist what I love to play with the most are dynamics, connections and finding ways to make a statement through movement that causes a reaction from those watching.